



Orange County Department of Education
School-based Mental Health Services
Prevention and Early Intervention
Operations Manual



REFERRAL FOR SERVICES AND/OR TREATMENT

On occasion program staff, school staff, parents, and/or community members may want to refer a child or youth to appropriate support services. The following may be helpful in making a decision on what to do:

- As our program staff becomes aware of a need for a child, youth and/or parent/guardian, the appropriate school site staff is contacted. Appropriate staff at each school site may include the following administration staffs: principal, assistant principal, school psychologist, nurse, school counselor and/or a health technician that are aware of the schools policy for referrals and of local or county community services.
- A general directory for counseling and other support services, which are available in multiple languages, is accessed by calling 2-1-1 or at <http://www.211oc.org>. This service is available 24 hours a day.
- **Suicide Prevention Crisis Line** can be accessed 24 hours a day, 7 days a week by calling toll-free in Orange County 877-727-4747. Online information about this service is available at <http://www.didihirsch.org>.
- A document called *Finding a Therapist* is available on our School-based Mental Health Services program website, <http://pei.ocde.us>, which provides links and numbers to licensed professionals and organizations to help find a therapist for counseling support. This document is located in the appendix.
- The **Orange County Rainbow Resource Directory** featuring 5,500 free and low-cost services, fully detailed and organized by category can be accessed and ordered at <http://www.resourcedirectory.com/directories/oc.htm>.
- **Continuum of Care:** Communities provide different types of treatment programs and services for children and adolescents with mental illnesses. A complete range of programs and services is called the continuum of care. Not every community has every type of service or program on the continuum. The Orange County Health Care Agency, <http://www.ohealthinfo.com/>, provides many of the services on the continuum of care. A brief description of the different services or programs in a continuum of care for children and adolescents with mental illnesses is located in the appendix.
- **For Families** section of the American Academy of Child and Adolescent Psychiatry website, <http://aacap.org/cs/forFamilies> includes resources and information about the continuum of care, facts for families about mental illness and issues facing children, teenagers and their families.

Finding a Therapist

Family/Relational Individual Counseling	Client Insurance Coverage	Provider	Contact
Psychologist	Insurance	Orange County Psychologist Association	http://www.ocpapsych.org/displaycommon.cfm?an=1&subarticlenbr=20
Marriage, Family Therapist	Insurance	O.C. California Association of Marriage, Family Therapist	http://www.occamft.org/
Licensed Clinical Social Worker	Insurance	National Association of Social Workers	http://www.referralsforcounseling.com/ 714-259-7167
Psychiatrist	Insurance	Orange County Psychiatric Services	http://www.ocps.org/referraldirectorymain.htm
Marriage, Family Therapist	No Insurance	Human Options (Battered women and their families)	877.854.3594 (24-hour Hotline)
Licensed Clinical Social Worker	Sliding Fee/Low Cost	Korean Community Services (all ethnicities)	714-449-1125
Psychologist	MediCal	La Familia (Spanish, English)	714-479-0120
Psychiatrist		National Alliance on Mental Illness (NAMI) OCHCA, Behavioral Health (Spanish/English) Alcohol and Drug Abuse Services	714-544-8488, 877-910-9276 (warm line), http://www.namiloc.org 800-564-8448
		Rainbow Directory of Services	http://www.resourcedirectory.com/
		Straight Talk	714-828-2000
		The Center OC (LGBT)	714-534-0862
		Turning Point Center for Families	714-547-8111
		Western Youth Services	714-378-2620

General directory for counseling and other in multiple languages: Call 2-1-1 or see <http://www.211oc.org>

Abuse reporting and resources: Orange County Social Services Agency, <http://egov.ocgov.com/ocgov/Social%20Services%20Agency>