



Family Involvement Network

9:00 a.m. - 12:00 p.m.

December 2, 2011

Building D, 1004-5-6



Agenda

- **Getting to Know You...**
- **Where's the Party?** Helping families prepare students to keep themselves safe from drugs
- **Internet and Tech Safety:** Things families and teachers can do to keep kids of all ages safe in the Internet Age
- **Now What?**
- **Technology for Families:** Apps you can share with your parents/families
- **Meeting Evaluation**

Next FIN Meeting: Friday, February 3, 2012

9:00 a.m. - 12:00 p.m.



WILLIAM M. HABERMEHL
County Superintendent of Schools



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Family Involvement Network Risky Behaviors - Individual Notes



What Do We Do	What Could We Do?
Drug Abuse + Prevention	
Cyber-Citizenship	
Apps for Families	

Welcome to Miles To Go

Simplifying A Complex Subject

Not All Kids Do Drugs Proactive Parenting Techniques

Miles To Go began sixteen years ago as a lecture series for parents, teachers, and students primarily in private schools in California. Our popularity grew rapidly with an exclusive clientele of schools.

The Program and The Players: **Jonathan Scott** is a professional speaker and educator working to enlighten people on the subject of substance abuse. Jonathan is a recovering drug addict. Jonathan focuses on comprehensive drug facts, the sociopolitical environment surrounding drugs (legal and illegal), the chemistry of drugs, alcohol, tobacco and their effects on the body. Jonathan continues to work on an advanced degree in psychology. **Kelly Townsend** is the director of the Miles to Go program. Kelly spent her life as the friend and relative of numerous alcoholics and drug addicts. Kelly has an M.S. in Psychology and is working to complete her Ph.D in Psychology. Her interests focus on the emotional repercussions of addiction and its effects on family and friends, the educational process, communication, and proactive practices for people searching for ways to create a healthy family. She is especially interested in high-risk children with ADHD, dyslexia and other learning differences.

In essence, this really means we each have different interests and specialization within the same subject. We both approach teaching with a sense of humor as a means of opening lines of communication and stimulating a free flow of ideas. We are very effective in the classroom, and we provide students, parents and teachers with varying points of view including male, female, the user and the friend or family member of the user.

The Mother's Checklist of Drug Prevention: All The Little Things We Say and Do. Our second handbook discusses patterns of language and behavior we can practice when our children are young that will reduce stress and drug abuse while increasing skill and resiliency as they grow older. This book is not just for mothers—it's for anyone who cares for or about children.

Not All Kids Do Drugs: Proactive Parenting Techniques. Our first handbook, available in all formats: 82-page paperback, CD, MP3, e-book, and all e-readers. A hands-on, accessible, easy to use guide for parents about what we can do to reduce the possibility of drug and alcohol use.

News For Your Classroom: Our daily tweets that simplify complex news reports/studies have now been expanded into audio podcasts and written blogs. Share them with your family or classroom at our Twitter News Page.

E-mail sign up for the Drug Fact Update is on the clipboard today or on our website listed below.

Experienced Substance Abuse Education

Phone: 714-444-2292 ~ Email: Milestogo-drugeducation@juno.com ~ www.milestogodrugeducation.com

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