High School Questionnaire

2022-2023

This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being. The survey also includes questions about use of alcohol, tobacco, and other drugs, and bullying and violence.

The survey is **anonymous** and **confidential**. No one will ever be able to connect you with your answers. Your answers are private.

You do not have to answer these questions, but your answers will be very helpful in improving school and health programs. You will be able to answer whether or not you have done or experienced any of these things.

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (you ever did something), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attention to these time periods.

Thank you for taking this survey!

Your School Schedule

- 1. Which of the following best describes your school schedule during the past 30 days?
 - A) I went to school in person at my school building for the entire day, Monday through Friday.
 [In-School Model]
 - B) I participated in school from home for the entire day on most or all weekdays and did <u>not</u> go to school in person. [Remote Learning Model]

Next, we would like some background information about you.

- **2.** What grade are you in?
 - A) 6th grade
 - B) 7th grade
 - C) 8th grade
 - **D)** 9th grade
 - E) 10th grade

- F) 11th grade
- G) 12th grade
- H) Other grade
- I) Ungraded

- **3.** What is your gender?
 - A) Male
 - B) Female
 - C) Nonbinary
 - **D)** Something else
- 4. Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?
 - A) No, I am not transgender
 - B) Yes, I am transgender
 - C) I am not sure if I am transgender
 - D) Decline to respond
- **5.** Which of the following best describes you?
 - A) Straight (not gay)
 - B) Lesbian or Gay
 - C) Bisexual
 - D) Something else
 - E) Not sure
 - F) Decline to respond

- What is your race or ethnicity? (Mark All That Apply.)
 - American Indian or Alaska Native
 - Asian or Asian American B)
 - Black or African American C)
 - D) Hispanic or Latinx

- E) Native Hawaiian or Pacific Islander
- F) White
- G) Something else
- If you are Asian or Pacific Islander, which groups best describe you? (Mark All That Apply.) If you are **not** of Asian or Pacific Islander background, mark "A) Does not apply."
 - Does not apply; I am not Asian or Pacific Islander
 - B) Asian Indian
 - C) Cambodian
 - Chinese D)
 - Filipino E)
 - Hmong F)

- Japanese
- H) Korean
- I) Laotian
- J) Vietnamese
- Native Hawaiian, Guamanian, Samoan, K) Tahitian, or other Pacific Islander
- Other Asian L)
- If you are Hispanic or Latinx, which groups best describe you? (Mark All That Apply.) 8. If you are **not** of Hispanic or Latinx background, mark "A) Does not apply."
 - Does not apply; I am not Hispanic or Latinx
 - B) Colombian
 - Cuban C)
 - D) Dominican
 - E) Guatemalan
 - Honduran F)
 - Puerto Rican H)

 - J) Other Hispanic or Latinx

- - G) Mexican

 - I) Salvadoran
- What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
 - A) A home with one or more parent or guardian
 - Other relative's home
 - A home with more than one family
 - Friend's home D)

- Foster home, group care, or waiting placement
- F) Hotel or motel
- G) Shelter, car, campground, or other transitional or temporary housing
- H) Other living arrangement

- 10. What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)
 - A) Did not finish high school
 - B) Graduated from high school
 - C) Attended college but did not complete four-year degree
 - **D)** Graduated from college
 - E) Don't know
- 11. Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?
 - A) No
 - B) Yes
 - C) Don't know
- 12. What language is spoken most of the time in your home?
 - A) English
 - B) Spanish
 - C) Mandarin
 - **D)** Cantonese
 - E) Taiwanese

- F) Tagalog
- G) Vietnamese
- H) Korean
- I) Arabic
- J) Other

APPLICABLE FOR NON-ENGLISH LANGUAGE AT HOME. [IF Q12 = B-J]

How well do you understand, speak, read, and write English?

	Very Well	Well	Not Well	Not At All
12.A Understand English	A	В	C	D
12.B Speak English	A	В	C	D
12.C Read English	A	В	C	D
12.D Write English	A	В	C	D

- 13. What time did you go to bed last night?
 - A) Before 7:00 pm
 - **B)** 7:00–7:59 pm
 - C) 8:00-8:59 pm
 - **D)** 9:00–9:59 pm

- **E**) 10:00–10:59 pm
- **F)** 11:00–11:59 pm
- **G)** 12:00–12:59 am
- **H)** After 1:00 am

- **14.** Did you eat breakfast today?
 - A) No
 - B) Yes

The next set of questions ask about your experiences participating in school from home.

Participating in <u>school from home</u> means that, instead of going to a school building <u>in person</u> to learn and complete schoolwork, you did your schoolwork and learning from home.

- **15.** In the past <u>30 days</u>, how many weekdays in an average week did you participate in **school from home** for an entire school day?
 - A) 0 days
 - **B**) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days
- **16.** On the average weekday, how much of your day did you spend learning and completing **schoolwork from home**?
 - A) Less than 1 hour
 - B) Between 1 and 2 hours
 - C) Between 2 and 3 hours
 - **D)** Between 3 and 4 hours
 - E) Between 4 and 5 hours
 - F) More than 5 hours
- 17. How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?
 - A) 0 days
 - **B**) 1 day
 - C) 2 days
 - D) 3 days
 - E) 4 days
 - F) 5 days

- 18. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason?
 - A) I did not miss an entire day of remote learning classes
 - **B)** 1 day
 - C) 2 days
 - **D)** 3 or more days

The next questions ask about your experiences with school in general.

- 19. During the past 12 months, how would you describe the grades you mostly received in school?
 - A) Mostly A's
 - B) A's and B's
 - C) Mostly B's
 - D) B's and C's

- E) Mostly C's
- F) C's and D's
- G) Mostly D's
- H) Mostly F's
- 20. In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.)
 - A) Does not apply; I didn't miss any school
 - B) Illness (feeling physically sick), including problems with breathing or your teeth
 - C) Felt very sad, hopeless, anxious, stressed, or angry
 - D) Didn't get enough sleep

- E) Had to take care of or help a family member or friend
- F) Wanted to spend time with friends
- G) Used alcohol or drugs
- H) Were behind in schoolwork or weren't prepared for a test or class assignment
- I) Were bored or uninterested in school
- J) Other reason

How strongly do you agree or disagree with the following statements?

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
21.	I feel close to people from this school.	A	В	C	D	E
22.	I am happy with this school.	A	В	C	D	E
23.	I feel like I am part of this school.	A	В	C	D	E
24.	The teachers treat students fairly.	A	В	C	D	E
25.	Teachers at this school communicate with parents about what students are expected to learn in class.	A	В	С	D	Е

		Strongly Disagree	Disagree	Neither Disagree Nor Agree	Agree	Strongly Agree
26.	Parents feel welcome to participate at this school.	A	В	C	D	E
27.	School staff take parent concerns seriously.	A	В	C	D	Е
28.	It is hard for me to stay focused when doing my schoolwork.	A	В	C	D	E
29.	I am interested in the schoolwork I do when participating in school from home .	A	В	С	D	E
30.	I try hard to make sure that I am good at my schoolwork.	A	В	C	D	E
31.	I try hard on my schoolwork because I am interested in it.	A	В	C	D	E
32.	I work hard to try to understand new things when doing my schoolwork.	A	В	С	D	E
33.	I am always trying to do better in my schoolwork.	A	В	C	D	E

How strongly do you agree or disagree with the following statements?

		Strongly Disagree										Strongly Agree
		0	_ 1	2	3	4	5	6	7	8	9	10
34.	School is really boring.	A	В	C	D	E	F	G	Н	I	J	K
35.	School is worthless and a waste of time.	A	В	C	D	E	F	G	Н	I	J	K

Please mark on your answer sheet how TRUE you feel each of the following statements is about your SCHOOL.

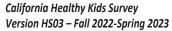
There is a teacher or some other adult from my school...

		Not At All True	A Little True	Pretty Much True	Very Much True
36.	who really cares about me.	A	В	C	D
37.	who tells me when I do a good job.	A	В	C	D
38.	who provides me with interesting activities to do while I am participating in school from home .	A	В	С	D
39.	who notices when I'm not there.	A	В	C	D
40.	who always wants me to do my best.	A	В	C	D
41.	who checks on how I am feeling.	A	В	C	D
42.	who listens to me when I have something to say.	A	В	C	D
43.	who believes that I will be a success.	A	В	C	D
Whei	n I participate in school,	Not At All True	A Little True	Pretty Much True	Very Much True
44.	I do interesting activities.	A	В	С	D
45.	I help decide things like class activities or rules.	A	В	C	D
46.	I do things that make a difference.	A	В	C	D
47.	I have a say in how things work.	A	В	C	D
48.	I help decide school activities or rules.	A	В	C	D

The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs, including pills or medications, to get "high" or for reasons other than medical, as ordered or prescribed by a doctor.

Keep the following definitions in mind:

- One drink of ALCOHOL, or alcoholic drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.
- Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.
- **DRUG** means any substance other than alcohol or tobacco, including pills and medications, used to get "high" ("loaded," "stoned," or "wasted") or for purposes other than prescribed by a doctor.
- VAPES or VAPE PRODUCTS: Electronic devices like vape pens, e-cigarettes, e-hookah, hookah pens, e-vaporizers, tanks, pods, or mods used to inhale a vapor. <u>Can be used to vape many things, including nicotine or just flavoring.</u> Popular brands are JUUL, Suorin, SMOK, Zodiac Constellation, and Stiiizy.



During your <u>life</u>, how many times have you used the following?

		5	0							
		0 Times	1 Time	2 Times	3 Times	4–6 Times	7 or More Times			
49.	A whole cigarette	A	В	С	D	E	F			
50.	Smokeless tobacco (dip, chew, or snuff)	A	В	C	D	Е	F			
51.	Vape products	A	В	C	D	E	F			
[ASKED IF Q51 = B, C, D, E, or F]										
51.A	Vaped tobacco or nicotine	A	В	C	D	E	F			
51.B	Vaped marijuana or THC	A	В	C	D	E	F			
51. C	Vaped other product	A	В	C	D	Е	F			
52.	One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	A	В	С	D	Е	F			
53.	Marijuana (smoke, vape, eat, or drink)	A	В	С	D	E	F			
54.	Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)	A	В	С	D	Е	F			
55.	Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)	A	В	С	D	Е	F			
56.	Relevan	A	В	С	D	E	F			
57.	Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)	A	В	C	D	E	F			
58.	Prescription pain medication (Vicodin, OxyContin, Percodan, Fentanyl)	A	В	С	D	Е	F			
59.	Cold/cough medicines or other over-the- counter medicines to get "high"	A	В	С	D	Е	F			
60.	Any other drug, pill, or medicine to get "high" or for reasons other than medical	A	В	С	D	Е	F			

During your *life*, how many times have you been...

		Number of Times						
							7 or	
		0	1	2	3	4–6	More	
		Times	Time	Times	Times	Times	Times	
61.	very drunk or sick after drinking alcohol?	A	В	C	D	E	F	
62.	"high" (loaded, stoned, or wasted) from using drugs?	A	В	С	D	E	F	
63.	drunk on alcohol or "high" on drugs on school property ?	A	В	С	D	E	F	

[APPLICABLE FOR LIFETIME MARIJUANA USERS ONLY – Ask of students who reported ever using marijuana [IF Q53 = B, C, D, E, or F]

During your <u>life</u>, how many times have you used marijuana in any of the following ways:

		Number of Times					7	
		0 Times	1 Time	2 Times	3 Times	4–6 Times	7 or More Times	
64.	Smoke it?	A	В	C	D	E	F	
65.	In a vaping device (vape pens, mods, or portable vaporizers)?	A	В	C	D	E	F	
66.	Eat or drink it in products made with marijuana?	A	В	C	D	E	F	

During the past 30 days, on how many days did you use...

	0 Days	l Day	2 Days	3-9 Days	10-19 Days	20-30 Days
67. cigarettes?	A	В	C	D	Е	F
68. smokeless tobacco (dip, chew, or snuff)?	A	В	C	D	Е	F
69. vape products?	A	В	C	D	Е	F

CALIFORNIA healthy kids SURVEY

Remote Core Survey

During the past 30 days, on how many days did you use...

		0 Days	1 Day	2 Days	3-9 Days	10-19 Days	20-30 Days
[AS]	KED IF $Q69 = B, C, D, E, or F$					4	4
69.A	Vaped tobacco or nicotine	A	В	C	D	E	F
69.B	Vaped marijuana or THC	A	В	C	D	E	F
69.C	Vaped other product	A	В	C	D	E	F
70.	one or more drinks of alcohol?	A	В	C	D	Е	F
71.	five or more drinks of alcohol in a row, that is, within a couple of hours?	A	В	C	D	E	F
72.	marijuana (smoke, vape, eat, or drink)?	A	В	C	D	E	F
73.	inhalants (things you sniff, huff, or breathe to get "high")?	A	В	С	D	Е	F
74.	prescription drugs to get "high" or for reasons other than prescribed?	A	В	С	D	Е	F
75.	any other drug, pill, or medicine to get "high" or for reasons other than medical?	A	В	С	D	Е	F
76.	two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?	A	В	С	D	Е	F

How much do people risk harming themselves physically and in other ways when they do the following?

v		How Much Risk or Harm					
		Great	Moderate	Slight	None		
77.	Smoke cigarettes occasionally	A	В	C	D		
78.	Smoke 1 or more packs of cigarettes each day	A	В	C	D		
79.	Vape tobacco or nicotine occasionally	A	В	C	D		
80.	Vape tobacco or nicotine several times a day (100 puffs or more)	A	В	C	D		
81.	Drink alcohol (beer, wine, liquor) occasionally	A	В	C	D		

How Much Risk or Harm

		Great	Moderate	Slight	None
82.	Have five or more drinks of alcohol once or twice a week	A	В	C	D
83.	Use marijuana occasionally (smoke, vape, eat, or drink)	A	В	C	D
84.	Use marijuana daily	A	В	C	D

How difficult is it for students in your grade to get any of the following if they really want them?

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know	_
85.	Cigarettes	A	В	C	D	Е	
86.	Vape products	A	В	C	D	E	
87.	Alcohol	A	В	C	D	Е	
88.	Marijuana	A	В	C	D	Е	
89.	Prescription drugs to get "high" or for reasons other than prescribed	A	В	C	D	Е	

EACH ITEM APPLICABLE FOR LIFETIME USERS OF THAT SUBSTANCE ONLY

How many times have you tried to quit or stop using...

		Apply, Don't Use	0 Times	1 Time	2-3 Times	4 or More Times
90.	Q49 = B, C, D E, or F OR Q51 = B, C smoking or vaping tobacco or nicotine?	A A	В	С	D	E
91.	Q52 = R, C, D, E, or F alcohol?	A	В	С	D	E
92.	OS = B, C, D, E, or F] marijuana?	A	В	C	D	E

- 93. Does your school ban tobacco use and vaping on school property and at school sponsored events?
 - A) No
 - B) Yes
 - C) Don't know

During the past 12 months, how many times did students from your school...

		0 Times	1 Time	2 to 3 Times	4 or More Times
94.	spread mean rumors or lies spread about you?	A	В	C	D
95.	make sexual jokes, comments, or gestures toward you?	A	В	C	D
96.	make fun of you because of your looks or the way you talk?	A	В	С	D
97.	make fun of you, insult you, or call you names?	A	В	C	D

During the past <u>12 months</u>, how many times did students from your school harass you or bully you for any of the following reasons? [You were bullied if you were threatened, called mean names, teased, or had other unpleasant verbal or physical things done to you repeatedly or in a severe way. It is not bullying when two students of about the same strength or power quarrel or fight.]

		0	1	2 to 3	4 or More
		Times	Time	Times	Times
98.	Your race, ethnicity, or national origin	A	В	C	D
99.	Your religion	A	В	C	D
100.	Your gender	A	В	C	D
101.	Because you are gay, lesbian, or bisexual or someone thought you were	A	В	C	D
102.	A physical or mental disability	A	В	C	D
103.	You are an immigrant or someone thought you were	A	В	C	D
104.	Any other reason	A	В	C	D

During the past <u>12 months</u>, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

- A) 0 times (never)
- **B)** 1 time
- **C)** 2–3 times
- **D)** 4 or more times

Do you consider yourself a member of a gang?

106.

Remote Core Survey

	A) No					
	B) Yes					
107.	During the past <u>12 months</u> , di more that you stopped doing			ess almost e	very day for t	wo weeks or
	A) No					
	B) Yes					
108.	During the past 12 months, d	id you ever serious	sly consider a	ttempting s	uicide?	,
	A) No					
	B) Yes					
Over :	the past <mark>30 days</mark> , how true d	o you feel these	statements	are about	you?	
			Not At All True	A Little True	Pretty Much True	Very Much True
109.	I had a hard time relaxing.		A	В	C	D
110.	I felt sad and down.		A	В	C	D
111.	I was easily irritated.		A	В	C	D
112.	It was hard for me to cope and would panic.	I thought I	A	В	С	D
113.	It was hard for me to get excited	l about anything.	A	В	C	D
Plea	se tell us how true each state	ement is of you.				
	0-		Not At All True	A Little True	Pretty Much True	Very Much True
114.	Each day I look forward to ha	ving a lot of fun.	A	В	C	D
115.	I usually expect to have a good	d dav.	A	В	С	D

me than bad things.

Overall, I expect more good things to happen to

D

В

C

Please describe your level of satisfaction below

I would describe my satisfaction with...

		Very Dissatisfied	Dissatisfied	A Little Dissatisfied	A Little Satisfied	Satisfied	Very Satisfied
117.	my family life as	A	В	C	D	E	F
118.	my friendships as	A	В	C	D	Е	F
119.	my school experience as	A	В	C	D	E	F
120.	myself as	A	В	C	D	Е	F
121.	where I live as	A	В	C	D	Е	F

- 122. How many questions in this survey did you answer honestly?
 - A) All of them
 - B) Most of them
 - C) Only some of them
 - **D)** Hardly any